

FAMILY OPTIONS

RESOURCE DIRECTORY

**Services for People with Developmental Disabilities and their family
living in the Central Middlesex County (CMX) and the Charles River
West (CRW) area of the Metropolitan Boston Region**



Cambridge Family and Children's Service
60 Gore Street
Cambridge, MA 02141
(617) 876-4210

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Quick Reference Phone Numbers

Cambridge Family and Children's Service	617/876-4210
Central Middlesex ARC (CMARC)	617/935-7057
Department of Early Education and Care	617/988-6600
Department of Mental Retardation (DMR)	
(DMR) Central Middlesex Case Management Team	617/646-5500
(DMR) Charles River West Case Management Team	617/623-5950
(DMR) 24-Hour Crisis Intervention	617/625-2528
Federation for Children with Special Needs	617/236-7210
Greater Boston ARC (GBARC)	617/783-3900
Greater Waltham ARC (GWARC)	617/899-1344
Disability Office	617/727-7440
Massachusetts ARC (MARC)	781/891-6270
Minute Man ARC (Concord)	978/371-1543
Parental Stress Hotline	800/632-8188

Common Acronyms/Abbreviations

AFDC	Aid to Families with Dependent Children
ARC	The Arc, formerly the Association for Retarded Citizens
BCIL	Boston Center for Independent Living
CAST	Center for Applied Technology
CEC	Communication Enhancement Clinic
CERC	Shriver Center Community Evaluation & Rehab. Center
CMARC	Central Middlesex Arc
CMT	Case Management Team
DD	Developmental Disabilities
DEC	Children's Hospital Evaluation Clinic
DMH	Department of Mental Health
DMR	Department of Mental Retardation
DMC	Developmental Medicine Center
DPH	Department of Public Health
DO	Disability Office
DSS	Department of Social Services
DTA	Department of Transitional Assistance
GBARC	Greater Boston Arc
GWARC	Greater Waltham Arc
IEP	Individualized Education Plan
ISP	Individualized Service Plan
LARC	Legal Advocacy and Resource Center
MARC	Massachusetts Arc
MCAD	Massachusetts Commission on Discrimination
MCB	Massachusetts Commission for the Blind
MCD	Massachusetts Commission for the Deaf and Hard of Hearing
MDDC	Massachusetts Developmental Disabilities Council
MR	Mental Retardation
MRC	Massachusetts Rehabilitation Commission
OCCS	Office of Child Care Services
OT/PT	Occupational Therapy, Physical Therapy
PAC	Parent Advisory Council
SPAN	Special Needs Advisory Network
SSI	Supplemental Security Income
TASH	The Association for the Severely Handicapped
TDD	Telecommunication Device for the Deaf
UCP	United Cerebral Palsy
VNA	Visiting Nurses Association
WIC	Women, Infants and Children Program

Introduction

Families often report going to extraordinary lengths in order to find the services they need for their family member with a developmental disability. Caring for such a family member can be a challenging and sometimes frustrating experience. A family member with disabilities may require specialized services that are not always readily available, and the need for these services does not necessarily end at age 18 or even 21 but may continue throughout a lifetime. Hopefully, this directory will answer some of the questions you have regarding services for people with developmental disabilities—and their families.

Cambridge Family and Children’s Service (CFCS), in cooperation with the CFCS Family Options Advisory Committee under a grant from the Administering Agency for Developmental Disabilities, has prepared this resource directory to describe some of the services that are available in the 21 cities and towns served within Central Middlesex County and the Charles River West Areas.

The most important resources are ones that can’t easily be listed in a directory. Often the most effective way to find help is to talk to everyone, to ask lots of questions, to follow every lead no matter how discouraged you may become, and to share what you have learned with other families. An informal network of friends, family members, and agency personnel can be the key not only to support and encouragement you need, but can open the door to some very practical help.

A directory such as this is only a beginning. Call the resources that are listed, but if at first you don’t find what you are looking for, don’t give up until you have asked for other suggestions about places to contact and people to talk to. Finding the right service to meet your needs isn’t always going to be easy, but it is usually possible. Remember that eligibility criteria may vary according to age, geographic location, the type of or degree of disability, the family’s income, and many other circumstances.

Eligibility for Respite Care Services/Family Support Services

Respite Care provides a break for families who are caring for a family member with disabilities. Respite care can reduce the amount of stress families experience and enhance their ability to care for their disabled family member at home. Respite care is provided in the family's home ("in-home respite"), in various locations in the community, or even in the home of a care provider or freestanding respite facility ("out-of-home respite").

In order to gain access to respite care and family support services funded by the Department of Mental Retardation, the family must provide the primary place of residence for an individual of any age with mental retardation or other developmental disability ("D.D."), defined in Public Law 98-527 as :

A severe chronic disability which:

is attributed to a mental or physical impairment or a combination of mental and physical impairments; and

is manifested before the person attains the age of twenty-two; and

results in substantial functional limitations in three or more of the following areas of major life activity:

- Self-care
- Receptive and expressive language
- Learning
- Mobility
- Self-direction
- Capacity for independent living
- Economic self-sufficiency; and

reflects the person's need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services which are of lifelong or extended duration and that are individually planned or coordinated.

Under present funding guidelines in Massachusetts, contracted service providers are responsible for determining eligibility for the "D.D. Respite" according to this definition. Persons with developmental disabilities other than mental retardation may be eligible for other DMR-funded services (family support, residential placement, vocational/day programming, service coordination, individual supports, etc.) only if they meet the requirements set forth in the DMR Regulations. Contact the DMR Case Management Team in your area for information about eligibility criteria as well as specific programs and resources.

In addition to DMR-funded respite services, the Department of Public Health funds respite care for children from birth to age 18. For more information call the Massachusetts Department of Public Health.

If you need respite care and your child or dependent adult is legally blind, call the Massachusetts Commission for the Blind.

Commonly Asked Questions about Respite Care/Family Support Services

What is the difference between “respite care” & other forms of “family support” services?

Family Support provides assistance in a wide variety of ways that can reduce some of the stress faced by families who have children or adult dependents with lifelong disabling conditions. The major focus of Family Support is to enhance the family’s ability to continue to care for their loved one at home, whatever it takes.

Respite Care is one form of family support, which provides short-term care either in the family’s home or in the community. It gives parents and other family members an opportunity to be free for a specified period of time from the day-to-day responsibilities of caring for their family member with disabilities. It also offers the person with disabilities a chance to develop relationships with people outside of the family circle.

How much service is my family eligible for?

Allocations are based on each family’s unique strengths and needs as well as on the amount of funding that are available. Factors that are considered include: the age and health of the primary caregivers; the individual’s disability; other children at home requiring supervision; other supports which may be available; and the risk of out-of-home placement.

Can I carry my allocation from the first semester (July through December) over to the second semester (January through June)?

Usually. Allocations can be carried over from one semester to the next but not from one fiscal year to the new fiscal year beginning in July. Usually the service provider will check with families regarding their plans for utilization. If a family does not need all of the resources that have been allocated for their use, the agency may offer resources to another family in need of additional services or to a family on the waiting list.

Can I choose my own care provider?

Yes. Most agencies support families in hiring their own family-identified care providers, but may require families to sign a waiver of training and other agency requirements.

What options do I have for designing a plan that is most responsive to my own needs?

Call the agency and/or your contact person in the Department of Mental Retardation. They will do their best to help your family during a crisis.

May the worker care for brothers and sisters of the disabled child?

These arrangements should be negotiated with the agency and the worker in advance. The worker is not required to care for other family members unless all parties mutually agree this to ahead of time.

What options to I have for designing a plan that is most responsive to my own needs?

Discuss the possibilities with your case manager to explore what options are available. You may find that your needs will change over time, and it only makes sense that your respite/family support plan should be adjusted to correspond with your changing needs. According to the emerging model of family-directed flexible service options, families themselves are in the best position to identify what they need. Therefore, the service system should make available a wider variety of goods and services to allow families to directly access and obtain what they need.

Adaptive Equipment/Assistive Technology

Assistive Technology Resource Center

Therapeutic Equipment Center
The Fernald School, 200 Trapelo Road
Waltham, Ma 02154

781/894-3600

An interdisciplinary team including occupational and physical therapy, design and fabrication technicians, providing developmentally disabled clients with equipment that is individually prescribed to suit their needs. Services include evaluation; design and fabrication of customized equipment; consultation for commercially available equipment, including wheelchairs; equipment maintenance and re-adaptation; and non-vocal communication.

Attainment Company

P.O. Box 930160
Verona, WI 53593-0160

800/327-4269

<http://www.attainmentcompany.com/>

Products include assistive technology/communication, professional resources, life skill/work skill aids, study aids and accessories

Crestwood Communication Aids, Inc.

6625 N. Sidney Place Department 21F
Milwaukee, WI 53209

414/352-5678

<http://www.communicationaids.com/>

Email: crestcomm@aol.com

Carry full line of communication aids

Columbia Medical

13577 Larwin Circle
Santa Fe Springs, CA 90670

310/454-6612

310/305-1718 (fax)

<http://www.columbiamedical.com/>

Products include bathing, mobility, toileting, exercise solutions and specialty wheelchairs

Civic Organizations

Civic organizations such as Kiwanis, Elks, Lions, Knights of Columbus, Knights of Pythias, Shriners and Rotary Clubs occasionally provide funds for specific equipment needs for a child in their local area. Contact a local chapter of any civic organization. Look in the Yellow Pages section of your phone book under “Clubs.”

For any individual eligible for Medicaid, medical equipment such as wheelchairs, hearing aids, etc., may be covered. This usually requires a prior approval before purchase. Contact your local Welfare office for information or call the Client Services Office of DPW at 800/841-2900.

Equipment Shop

34 Hartford Street, P.O. Box 33
Bedford, MA 01730

800/525-7681
781/275-7681
781/275-4094 fax
<http://www.equipmentshop.com/>

Offers physical therapy equipment

Flaghouse

601 Flaghouse Drive
Hasbrouck Heights, NJ 07604-3116

800/793-7900
800/793/7922 fax
<http://www.flaghouse.com>
<http://www.specialpopulations.com>

Products include body movement, therapy & recreation products, adapted furniture & toys, sensory stimulation items, etc

Hans Ortho-Kinetics

P.O. Box 1647
Waukesha, WI 53187

800/824-1068

Offers mobility and alternative positioning devices

Massachusetts Adaptive Technology Partnership

Marylyn Howe, Project Director
Children's Hospital
1295 Boylston St. Suite 310
Boston, MA 02215

800/848-8867
617/355-7820

MATP helps people find the best assistive technology and training, explore funding options and get educated about assistive technology issues

Massachusetts Hospital School

3 Randolph Street
Canton, MA 02021

781/828-2440
<http://www.mass.gov/dph/hosp/mhs.htm>

Adaptive Equipment Department offers in-house services to residents of the Massachusetts Hospital School and some community residents may be eligible. Wait lists for services but telephone consultations are available

North Shore ARC

64 Holten Street
Danvers, MA 01923

508/762-4878
<http://www.nsarc.org/>

Adaptive Equipment Exchange

Medic Alert Foundation International

2323 Colorado Ave.
Turlock, CA 95382

888/633-4298
209/668-3333 fax
<http://www.medicalert.org/>

24-hour Emergency Response Center, 24-hour Member Service Contract Center, On-staff registered nurses answering line, In-house manufacturing and shipping facility

Sammons Preston Catalog

Bissell Health Care Company
P.O. Box 89, Department 1369
Jackson, MI 49204-0089

800/323-5547

800/547-4333 fax

www.sammonspreston.com

Email: customersupport@sammonspreston.com

Rehab equipment and supplies, sensory motor supplies, mobility and daily living aids

Therapro, Inc.

225 Arlington Street
Framingham, MA 01702-8723

800/257-5376

508/872-9494 local

<http://www.theraproducts.com/>

Email: info@theraproducts.com

Therapy equipment resource for families and professionals including adaptive devices, daily living aids, clinic supplies, publications, evaluation materials, and therapeutic aids

Advocacy

Advocacy Associates

68 Leonard Street
Belmont, MA 02478

617/489-2745

Offers advocacy, parent advisory councils, and workshops.

Families Organizing for Change

c/o Human Services Research Institute
2336 Massachusetts Avenue
Cambridge, MA 02140

617/876-0426 (serving Central Massachusetts)
<http://www.communitygateway.org>

Massachusetts Families Organizing for Change (MFOFC) is a statewide, grassroots organization of people with disabilities or chronic illness and their family members. They support the growing movement in the state for “consumers” of service to have a greater say in what they want and need.

Regional Chapters:

Southeast MA	508/999-4436
Boston and Northeast MA	781/665-5179
Central MA	508/835-2051
Western MA	413/731-7625

Federation for Children with Special Needs

1135 Tremont Street Suite 420
Boston, MA 02120

617/236-7210

800/331-0688

617/572-2094 (FAX)

<http://www.fcsn.org/>

Email: fcsninfo@fcsn.org

A coalition of Massachusetts’s parent organizers representing children with a variety of disabilities. Offers information, referrals, advocacy, training and support groups. The “Newline” is a newsletter containing a wide range of information, current and upcoming legislation, litigation, articles, a calendar of events, personal stories, etc.

Massachusetts Community Gateway

www.communitygateway.org

Provides families, individuals, and professionals in the Massachusetts community with a gateway to quality local and worldwide disability resources and events. Provides an Internet presence for local disability-related advocacy groups.

Parent Advisory Councils (PACs)

Call your local public school Special Education department for information. A way for parents to become involved in their school's programs and key issues concerning the implementation of Chapter 766, which requires local school districts to form parent advisory councils. Membership includes parents of children with special needs and other interested persons.

Counseling/Support Services

Boston Self Help Center

18 Williston Road
Brookline, MA 02146

617/277-0080

www.bostonselfhelp.org

Advocacy, education, and peer counseling for people with disabilities

Group Solutions

121 Mount Vernon Street
Boston, MA 02108

617/720-1957

Provides psychological services including psycho diagnostic testing and clinical services for individuals and groups, with an emphasis on culturally different consumer populations.

Home for Little Wanderers

271 Huntington Avenue
Boston, MA 02115

617/267-3700

www.thehome.org

Prevention & Early Intervention, Clinical & Family Support and Special Education

The Ride Advocacy Project

www.rideadvocacy.org

Community Legal Services and Counseling Center

1 West Street
Cambridge, MA 02139

617/661-1010
<http://www.elsacc.org/>

Provides medication and psychological counseling on a sliding scale to residents of Cambridge, Somerville, Watertown, Belmont, Arlington, Medford, Everett, Boston, Brookline & Chelsea. Support group for individuals with disabilities

The Family Center, Inc.

366 Somerville Avenue
Somerville, MA

617/628-8815
www.thefamilycenterinc.org

Children’s and adolescent therapeutic services; adult and family services; couples therapy. Open referral process

The Guidance Center, Inc.

5 Sacramento Street
Cambridge, MA 02138

617/354-2275
617/547-4356 (FAX)
<http://www.guidancecenterinc.org/>

Offers services for families of people with mental retardation/developmental disabilities, as well as intervention services

Greater Boston Arc (G.B.A.R.C.)

221 Beacon Street
Boston, MA 02135

617/783-3900
<http://www.gbarc.org/>
Email: GBARCl@msn.com

Offers parent support, “Silver Star” support groups, social groups, and sibling support project

Mentor, Inc.

313 Congress Street
Boston, MA 02210

617/790-4800

www.thementornetwork.com

Counseling services for a broad range of personal and family needs: adult, adolescent, child and family, elderly and developmentally disabled

Somerville Mental Health Association

Dr. Elizabeth M. Gingerich, MD

Adult Center/Office

5 Hall Avenue

Somerville, MA 02144

617/623-3278

Children Center/Office

63 College Avenue

Somerville, MA

617/623-6628

Day Center

78 College Avenue

Somerville, MA

617 623-5487

Children's, adolescent, and family services; community case consultations with schools, DSS, etc; individual, group, and family treatment; parent groups; outpatient mental health services; services for victims of sexual abuse and for offenders, both juvenile and adults.

Dental Services

Children's Hospital Dental Program

Special Care for Special Patients
300 Longwood Avenue, Hunnewell Building 4th Floor
Boston, MA 02115

617/335-6571
617/730-0478 fax

Medically compromised dental services available. Former patients of Children's Hospital will be seen at individual's request, referrals from physician and/or dentist for other interested patients

Massachusetts Department of Public Health

Office of Oral Health
250 Washington Street
Boston, MA 02108

617/624-6000
<http://www.mass.gov/dph/>

For individuals with developmental disabilities, a dental hygienist will provide screenings and educational services. A useful resource for schools and group care settings.

Foley Outpatient Clinic

Massachusetts Hospital School
3 Randolph Street
Canton, MA 02021

781/828-2440 Hospital
781/830-8543 Foley Outpatient Clinic

The Foley Outpatient Clinic offers dental services for children with handicapping conditions.

Dr. Daniel Roseman, D.M.D.

174 Highland Avenue
Somerville, MA 02143

617/666-1810

Accepts CommonHealth patients.

Dr. Michael C. Sheff, D.M.D.

221 Washington Street
Newton, MA 02158

617/332-2900

The majority of his clients are children with special needs; CommonHealth accepted

Financial Resources

Supplementary Security Income (SSI) is a federal income benefits program of the Social Security Administration. Families with a limited income and a child who is handicapped, blind or seriously ill may be eligible. SSI provides monthly cash benefits and makes one eligible for Medicaid, which covers payments of medical bills.

For information on income limits and benefit rates call 617/624-5010 or 800/882-1435.

When a child turns 18, he/she may apply independently for income and Medicaid coverage. His/her eligibility will then be determined without regard to the parents' income even though the child remains at home. Programs for Achieving Self-Support (P.A.S.S.) is a work incentive program which allows individuals to maintain their benefits while engaged in paid work at the same time.

Internal Revenue Service (IRS) tax credits and other sources of funding are available from government agencies. Contact your local IRS office for information when filing your income taxes and check for deductions in the following areas:

1. Child and Dependent Care Credit (File Form 1040 or Form 1040A, not form 1040EZ).
 2. Credit for Permanently and Totally Disabled (this credit is figured on Schedule R, Credit for the Elderly or for the permanently and Totally Disabled, and claimed on Form 1040).
 3. Medical Expense Credit. You must itemize your deductions on Schedule A, Form 1040. You may deduct:
 - a. Fees for medical services;
 - b. Fees for hospital services;
 - c. Meals and lodging provided by hospital during medical treatment;
 - d. Medical and hospital insurance premiums;
 - e. Special equipment such as motorized wheelchair;
 - f. Special items such as hearing aids, crutches, etc.;
 - g. Transportation for needed medical care;
 - h. Medicines that require a prescription.
-

Legal Services

The American Bar Association

Commission on Mental and Physical Disability Law
750 15th Street, NW
Washington, D.C. 20005

202/662-1570
202/662-1012 TTY
202/662-1032 fax
<http://w3.abanet.org/>

Key areas of concern are civil commitment, guardianship (and alternatives to guardianship), and Life Services Planning for persons with disabilities.

Boston Bar Association

Lawyer Referral Service
16 Beacon Street
Boston, MA 02108

617/742-0625
800/552-7046 (Eastern MA only)
<http://www.bostonbar.org/>

Serving Suffolk, Norfolk, Middlesex, Essex, Plymouth, Bristol, and Worcester counties
Provides referral to private attorneys and/or appropriate public service; reduced fees available for income-eligible clients

Boston College Legal Assistance Bureau

24 Crescent Street
Waltham, MA 02154

Provides free civil legal representation to elderly and income-eligible residents of Waltham, Watertown, and Newton. Services include government benefits, Medicaid, individual rights, mental health law, 766 education, CHINS, and care and protection issues.

Community Legal Services and Counseling Center

1 West Street
Cambridge, MA 02139

617/661-1010

<http://www.elsacc.org/>

Provides free legal services to low-income clients as well as medication service and psychological counseling on a sliding scale to residents of Cambridge, Somerville, Watertown, Belmont, Arlington, Medford, Everett, Boston, Brookline & Chelsea. Deals with guardianship of minors, family law, immigration law, Medicaid, SSI and SSDI issues.

Department of Mental Retardation

Office of Human Rights
500 Harrison Avenue
Boston, MA 02118

617/727-5608

617/624-7783 (TTY)

<http://www.dmr.state.ma.us/>

Assistance with complaints and other problems. Advocacy within the DMR system, information and referral, legal referral, and assistance with ISP appeals and problems

Disability Law Center

11 Beacon Street #925
Boston, MA 02108

617/723-8455 (800) 872-9992

617/227-9464 (TTY) (800) 381-0577 (TTY)

617/723-9125 fax

<http://www.dlc-ma.org/>

Providing protection and advocacy for the rights of Massachusetts residents with disabilities

Greater Boston Arc (G.B.A.R.C.)

221 North Beacon Street
Boston, MA 02135

617/783-3900

<http://www.gbarc.org/>

Corporate Guardian Project

**Greater Boston Legal Services
Health and Disability Unit**

Main Office
197 Friend Street
Boston, MA 02114

617/371-1234
617/371-1228 (TDD)
617/371-1222 fax
800/323-3205

Cambridge/Somerville Office
432 Columbia Street
Cambridge, MA 02141

617/603-2700
617/494-1757 (TDD)
617/494-8222 fax

<http://www.gbls.org/>

Provides legal representation for low-income residents of Greater Boston. Eligibility varies according to family size. Call for eligibility requirements.

**International Institute
Immigration/Legal Department**

1 Milk Street
Boston, MA 02109

617/695-9990 Phone/ TTY 617/695-9191 fax

www.iiboston.org

Provides legal assistance on immigration issues to income-eligible people. Languages spoken include Spanish, Vietnamese, Amharic, Bosnian, Croatian, Farsi, French, German, Khmer, Polish, Serbian, Somali, Swahili and Tigrinian

Legal Advocacy and Resource Center (LARC)

197 Friend Street, 9th floor
Boston, MA 02114

617/603-1700 Hotline
800/342-LAWS toll free
617/603-1584 bankruptcy hotline
617/371-1188 fax

<http://www.larcma.org/>

LARC is a clearinghouse of resources and referral information designed to guide those in need of legal assistance through the maze of options. Even though LARC cannot provide direct legal representation or assistance, it can direct individuals to private and publicly supported legal resources. Telephone interviews only

Massachusetts Advocacy Center for Children

100 Boylston Street
Boston, MA 02116

617/357-8431

This advocacy center organization trains students and other citizens as advocates in 766 cases. Advocacy provides representation in mediation and informal hearings

Massachusetts Bar Association

20 West Street
Boston, MA 02111

617/338-0500
617/426-4344 fax
<http://www.massbar.org/>

Sponsors a referral service for lawyers who take cases on a no-fee or low-fee basis, only a limited number of cases available strictly based on need only

Massachusetts Commission against Discrimination

1 Ashburton Place, 6th floor, Room 601
Boston, MA 02108

617/994-6000 617/994-6196 (TTY)
<http://www.mass.gov/mcad/>

Investigates complaints, make decisions in cases of illegal discrimination, make rules and regulations, and monitor and assist businesses and government in complying with anti-discrimination laws and regulations

**Mental Health Legal Advisors Committee
Disability Benefits Project**

294 Washington Street
Boston, MA 02108

617/338-2345

<http://www.mass.gov/mhlac/>

Provides services in criminal and civil matters to indigent patients and residents in mental health and retardation facilities in Massachusetts. Provides advice and legal services in guardianship, SSI, SSDI, and discrimination in employment, housing and public accommodations.

Massachusetts Office of Disability

1 Ashburton Place, Room 1305
Boston, MA 02108

617/727-7440 800/322-2020 617/727-0965 fax

<http://www.mass.gov/mod/>

Provides legal assistance in cases surrounding discrimination, access to state agencies and problems in vocational rehabilitation involving the Massachusetts Rehabilitation Commission.

National Lawyers Guild Referral Service

14 Beacon Street, Suite 407
Boston, MA 02108

617/227-7335

Provides referral to private attorneys in all areas. Sliding scale and reduced fees available.

Private Attorney

Campbell, King and Borofsky
1436 Cambridge Street
Cambridge, MA 02139

617/491-5463

766/Education Law, Guardianship, Estate Planning

Medical Resources

Arlington Visiting Nurses Association

37 Broadway Street
Arlington, MA 02474

781/643-6090

Provides skilled nursing or rehabilitation care; provides home health care such as nursing, rehabilitation therapy, home health aides, maternal/child health care, AIDS therapy, social work services, and hospice care for people with and without disabilities referred by a physician. Accepts Medicaid and has a sliding fee scale.

Belmont-Watertown Visiting Nurses Association

44 Trapelo Road
Belmont, MA 02478

617/484-6469

Braintree Hospital Pediatric Center

751 Granite Street
Braintree, MA 02184

781/380-4360

Braintree Hospital Rehabilitation Network

800/997-3422

A wide range of outpatient evaluation and treatment services for children with special needs from infancy through adolescence, including OT/PT, speech/language therapy. The Braintree Hospital Rehabilitation Network also operates therapy and tutoring services twelve months a year. Call for a listing of Language Learning Centers in your area.

Bureau of Family and Community Health

250 Washington St
Boston, MA 02108

617/624-5010

Medical insurance for individuals with disabilities administered by the Department of Public Welfare for those not eligible for the Medicaid program

Cambridge Hospital

1493 Cambridge Street
Cambridge, MA 02139

617/665-1000

Provides a wide range of medical services to the Cambridge community. Accepts MassHealth, Medicaid, and third-party insurance.

Children's Hospital

Developmental Medicine Center
300 Longwood Avenue
Boston, MA 02115

617/355-6501

<http://www.childrenshospital.org>

The Developmental Medicine Center provides developmental and treatment services for children and adolescents with a wide range of developmental, behavioral, and learning difficulties.

Communicative Health Care Associates

59 Vernon Street
Waltham, MA 02154

781/899-4709

Communicative Health Care Associates offers free screenings for children relating to speech, language, and swallowing difficulties.

East Cambridge Neighborhood Health Center

650 Cambridge Street
Cambridge, MA 02141

617/665-3000

Provides developmental, medical, and psychological evaluation, general outpatient health services, information and referral. Accepts Medicaid and private insurance, has a sliding fee scale.

Easter Seals Society

89 South St. 1st Floor
Boston, MA 02111

617/226-2640

800/922-8290 disability hotline

<http://ma.easterseals.com/>

Email: info@eastersealsma.org

Provides assistive technology, job training and employment, rehabilitation/therapy services, essentials at home, disability resource information

Franciscan Children's Hospital & Rehabilitation Center

30 Warren Street
Boston, MA 02135-3680

617/254-3800

<http://www.fch.com/>

The largest rehabilitation facility in New England devoted exclusively to children and adolescents. It also has a general pediatric hospital serving the local community and meeting the comprehensive needs of children with disabilities. The Cognitive/Behavioral Inpatient Program offers services to children between the ages of 3-13 who have significant developmental, cognitive, emotional and behavioral problems. Other services include the Adolescent Rehabilitation Program; specialized programs for brain injury, orthopedics, and pulmonary conditions; a mobile outreach program, "Kids Care Van"; and a 766-approved school, the Kennedy Day School.

Metro West Wellness Center

303 Worcester Road
Framingham, MA 01701

508/875-0603

New England Index Physicians Access Program

200 Trapelo Road
Waltham, MA 02154-9700

781/642-0248

Offers information about physicians in the Commonwealth who have indicated experience and an interest in serving people with developmental disabilities. The Index also provides computerized services for the developmental disabilities community acting as a clearinghouse for inquiries, a technical resource for human service agencies, and a researcher of current information from a wide variety of sources, organizing it in a database form and making it easily accessible.

Somerville Hospital

230 Highland Avenue
Somerville, MA 02143

617/591-4500

Provides a wide range of medical services for residents of Somerville and surrounding communities.

Somerville Visiting Nurses Association

259 Lowell Street
Somerville, MA 02143

617/776-7033

Provides a range of physician-ordered home health services. The VNA will assist if families need help with the referral process.

University of Massachusetts Health Care

University Campus
55 Lake Avenue N.
Worcester, MA

508/856-1518

www.umassmemorial.org/

Comprehensive evaluation and assessment services

Visiting Nurses Association of Boston

320 Washington St
Brighton, MA 02135

617/426-5555

Women, Infants and Children Program (WIC)

C/o Massachusetts Department of Public Health (DPH)
150 Tremont Street
Boston, MA

800/WIC-1007 or 617/727-6876

Provides nutritious food as well as nutrition counseling to low-income pregnant and post-partum women, and also to women with infants and young children determined to be at nutritional risk. The program is administered by DPH and has local sites near each city

Youville Hospital
1575 Cambridge Street
Cambridge, MA 02138

617/876-4344

www.youville.org

Provides a range of medical services for children, including those with learning disabilities, motor dysfunctions, and/or developmental disabilities. Offers developmental and medical evaluations, medical information and referral services, occupational, physical and speech therapy, audiology, and outpatient psychiatric care.

Personal Care Attendants

“P.C.A.” stands for personal care attendant. A P.C.A. is hired by a person with a disability to assist with his or her personal care routine. Individuals are eligible if they qualify for Medicaid and have a severe, chronic disability and require 10-14 hours a week of physical assistance in personal care.

Boston Center for Independent Living (BCIL)

95 Berkley Street #206
Boston, MA 02116

617/338-6665 OR 617/338-6662 (TDD)
<http://www.bostoncil.org/>

A non-profit organization controlled and directed by persons with disabilities working to promote the civil rights of all people with disabilities. Services include information and referral; skills building; peer counseling; outreach; education; advocacy; youth services; transitional living; and personal care attendant services.

North Shore Arc

64 Holten Street
Danvers, MA 01923

978/762-4878

<http://www.n sarc.org/>

Services include residential, vocational, advocacy, early intervention, respite care, recreation, specialized home care, the Autism Support Center, bilingual services and Personal Care Attendants.

Toward Independent Living and Learning, Inc. (TILL)

20 Eastbrook Road Suite 201
Dedham, MA 02026-2056

781/302-4600

781/329-4254 fax

<http://www.tillinc.org/>

TILL provides a broad array of services for individuals with developmental disabilities including residential and vocational programs, respite care, family support services, and personal care attendants.

Respite Care

Advocates, Inc. Respite Center

Hollis Street
Framingham, MA

508/620-0024

<http://www.advocatesinc.org/respite.htm>

Temporary residential services through facility-based respite care for people with mental retardation and physical disabilities.

Agape Inn

217 Plymouth Street
Holbrook, MA 02343

781/767-4358

Out-of-home, facility-based respite care for individuals with developmental disabilities up to the age of eighteen. There is an activity program for adults one evening a week.

Anodyne Homemaker Service

1515 Hancock Street
Quincy, MA 02169

617/471-7200

Home health services in the consumer's home

Cambridge Family and Children's Service

60 Gore Street
Cambridge, MA 02141

617/876-4210

<http://www.helpfamilies.org/>

Non-facility based respite care in the consumer's home and in the community, Specialized Home Care, and family support services for children and adults with mental retardation and other developmental disabilities. For residents of Cambridge, Somerville, Watertown, Waltham, Belmont and the cities and towns of Central Middlesex County.

Camp Allen, Inc.

56 Camp Allen Road
Bedford, NH 03110-6606

603/622-8471

<http://www.campallennh.org/>

Residential camp

Camp Grotonwood

167 Prescott Street
Groton, MA 01450

508/448-5763

<http://www.campgrotonwood.org/>

A Christian camp on Lost Lake offering week-long programs during the summer for adults and one for teens. Limited spring and fall programs.

Camp Paul for Exceptional Children

39 Concord Road, Box 53
Chelmsford, MA 01824-0053

508/256-4396

A 766-approved camp for children

Delta Projects

Corporate Office
123 Highland Avenue
Needham, MA 02494

781/449-8545

781/449-8544 fax

Short-term residential care for children ages 3-13 who live at home with their families

Don Guanella Center

37 Nichols Street
Chelsea, MA 02150

617/889-0179

Out-of-home, facility-based respite care for women over the age of eighteen with developmental disabilities. Fully accessible and staffed during daytime hours as well as with awake overnight staff.

Eastern Middlesex Human Services

7 Lincoln Street
Wakefield, MA 01880

781/246-6600

Respite Care and supportive services for families of individuals with mental retardation, by referral only from the Department of Mental Retardation.

Enable, Inc.

605 Neponset Street
Canton, MA 020213

781/828-4770

A privately operated out-of-home, facility-based respite care program on the grounds of the Massachusetts Hospital School

Fidelity House, Inc.

55 Merrimack Street
Lawrence, MA 01843

508/685-9471

<http://www.fidelityhhs.org/>

Respite care in the consumer's home and in the community as well as family and individual support services for families in the Merrimack Valley area

Medical Resources

433 Watertown Street, P.O. Box 146
Newton, MA 02458

617/969-7517

Private duty home health services in the consumer's home

Mental Health & Retardation Center of Cambridge/Somerville

12 Maple Avenue
Cambridge, MA 02139

617/626-4800

Offers respite care for families of people with mental retardation/developmental disabilities as well as early intervention services.

Personal Touch Home Aides, Inc.

Brighton, MA

617/782-9669

671/783-0700

Home health aides and in-home respite care for adults

Temporary Care Services

C/o Center, Inc.

1 Berwick Road

Lexington, MA

781/861-7328

Respite care for primarily older children who are over the age of seven, adolescents, and young adults.

The Respite Inn

1581 Varnum Avenue

Lowell, MA 01854

508/454-4781

Out-of-home (facility-based) respite care in an idyllic setting. Activities are based on the need of each client and include walks around the pond, community outings, sports activities on the combination basketball/tennis court, and activities of daily living. Funding sources include DMR and private payment.

Vinfen Corporation

950 Cambridge St.

Cambridge, MA 02141

617/562-4094

617/562-4088

877/2VINFEN

617/225-2000 (TTY/TDD)

<http://www.vinfen.org/>

In-home respite care for children and adults with developmental disabilities who live at home. Available to families in the Central Middlesex and Charles River West areas of DMR.

Walnut Street Center

300 Somerville Avenue
Somerville, MA 02143

617/629-3400

781/776-1448

<http://www.wscinc.org/>

Facility-based respite care for adults with developmental disabilities. Funded by DMR for residents of Cambridge, Somerville, Watertown, Waltham, Belmont, and the surrounding towns of Central Middlesex County. Admissions are arranged by contacting the DMR service coordinator in the consumer's area of residence.

Social/Recreational Activities

Agassiz Village

238 Bedford Street #8
Lexington, MA

781/860-0200

<http://www.agassizvillage.com/>

Overnight camping through the Boys and Girls Club for people with physical disabilities.

Alternative Leisure Company

165 Middlesex Tpke. #206
Bedford, MA 07130

781/275-0023

<http://www.alctrips.com/>

Offers a variety of program types, including recreation programs, weekend trips, day trips, and week-long trips for children, teens, and adults with disabilities.

Belmont Recreation Department

PO Box 56
19 Moore St. Homer Building
Belmont, MA 02478

617/993-2760

http://www.town.belmont.ma.us/Public_Documents/BelmontMA_Recreation/index

Friday Night Socials, including bowling, pizza, dinners, etc. and S.P.O.R.T. Programs featuring ice skating, gymnastics, skiing, swimming, ceramics, karate, bowling, and Saturday mini-camp. Call for schedule and availability.

Boys/Girls Clubs of Boston

Northeast Regional Headquarters

<http://www.bgcb.org/>

617/994-4700

Mainstream activities including summer day camp, after-school recreation, tutoring and computer programs. Local clubs offer social and recreational programs for both boys and girls ages 7-20.

Arlington 781/648-1617
60 Pond Ln www.abgclub.org

Somerville 617/628-4665
181 Washington St. www.kidsclubs.org

Waltham 781/893-6620
20 Exchange St. www.walthambgc.org

Watertown 617/926-0968

Woburn 781/935-3777

Burlington Recreation Department

Center for Human Resources

61 Center St

Burlington, MA 01803

781/270-1695

<http://www.burlington.org/recreation/parks.htm>

Recreational activities for people with and without disabilities

Children's Museum Special Needs Program

300 Congress Street

Museum Warf

Boston, MA

617/426-8855

Activities for children of all ages. \$1 admission on Friday nights 5-9pm and Library patrons can receive \$2 passes from library they are member of

Community Music Center

34 Warren Avenue
Boston, MA 02116

617/482-7494

<http://www.cmcb.org/>

Sponsors group and individual music therapy to enable special needs students to function effectively in the home, school and community. Sessions are designed to draw on each person's special strengths, while helping overcome areas of need.

Greater Boston ARC (G.B.A.R.C.)

Summer Camp Directory
1505 Commonwealth Avenue
Boston, MA 02135

617/783-3900

Comprehensive directory of camps and summer programs for children and adults, limited number of scholarships available

Greater Waltham ARC Recreation Program

56 Chestnut Street
Waltham, MA 02154

781/899-1344

Provides a variety of leisure-time activities for children and adults, including woodworking, ballroom dancing and crafts classes. These activities are opportunities for people to have fun and socialize. Call for a schedule.

Camp Grotonwood

167 Prescott Street
Groton, MA 01450

978/448-5763

<http://www.campgrotonwood.org/>

A Christian camp on Lost Lake offering week-long programs during the summer for adults and one for teens. Limited spring and summer programs.

Camp Oceanwood

17 Royal St
PO Box 7330
Ocean Park, ME 04063

Summer office 207/934-9655
Winter office 978/448-5763

Lexington Recreation Department

C/O Marilyn Abel
1625 Massachusetts Avenue
Lexington, MA 02420

781/862-8971
<http://ci.lexington.ma.us/Recreation/Recreation.htm>

Sing Along Chorus/Singers/Musical Experiences

Longfellow Tennis and Fitness Club

524 Boston Post Road
Wayland, MA 01778

508/358-7355 OR 781/890-4542
<http://www.longfellowclubs.com/>

Sponsors tennis lessons for groups and individuals with special needs

Love Lane Special Needs Horseback Riding Program

Lincoln, MA

781/259-1177
www.lovelane.com

Therapeutic horseback riding program for people with disabilities

Phillips Brooks House Association

Access Boston Committee
Harvard University
Cambridge, MA 02138

617/495-5526
<http://www.pbha.org/pbha/programs.web/bluesheets2005.doc>

Swim and Stroke Program

Massachusetts Easter Seal Society
484 Main Street, 6th Floor
Worcester, MA 01608

800/922-8290
508/751-6327

Therapeutic Swimming programs

Special Olympics

PO Box 303
Hathrone, MA 01937

978/774-1501

<http://www.specialolympicsma.org/>

Sports training and competition offered for people with disabilities of all ages

Vermont Adaptive Ski and Sports

US Route 4
P.O. Box 139
Killington, VT

802/786-4991
<http://www.vermontadaptive.org/>

Ski lessons for disabled people at the Pico Mountain at Killington, Vermont, including downhill and cross-country skiing. Also, horseback riding, canoeing, water-skiing, and sailing are offered during non-winter months. Serves individuals with a variety of special needs including physical, cognitive and developmental disabilities

Very Special Arts

China Trade Center, 2nd Floor
2 Boylston Street
Boston, MA 02116

617/350-7713
<http://www.vsamass.org/>

Creates art programs in the schools to integrate students with and without disabilities, sustainable opportunities in arts for people with disabilities, programmatic and physical access to cultural and other public facilities

Windrush Farm Therapeutic Equitation, Inc.

30 Brookview Road
Boxford, MA 01921

978/682-7855

<http://www.windrushfarm.org/>

Therapeutic horseback riding for people with disabilities. Allow participants to groom, tack up, and ride the horse. Offers relaxing activities that are therapeutic and motivating. Makes one listen, think, and do all at once

YMCA/YWCA

The services of local Y's are available throughout Massachusetts. They provide a wide range of health promotional courses and activities including but not limited to exercise and swimming lessons.

<http://www.ymca.com>

<http://ywca.org/>

YMCA/Waltham Family Branch

725 Lexington Street
Waltham, MA
781/894-5295

YMCA of Cambridge

820 Massachusetts Avenue
Cambridge, MA
617/492-6866

YMCA of Somerville

101 Highland Avenue
Somerville, MA
617/625-5050

State Agencies

Cambridge Commission on Handicapped Persons

57 Inman Street
Cambridge, MA

617/492-0235

Advocacy for people with disabilities and their families

Department of Education Division of Special Education

Main Office
350 Main St
Malden, MA 02148

781/338-3000

<http://www.doe.mass.edu/sped/>

Special Education is an entitlement program administered by the Department of Education and the local school system for any child who is unable to process effectively in a regular school program. Special Education is available to children ages 3-22 who have special needs. Services include comprehensive evaluation, individual educational plans (IEP's) and training in many areas, including academic, vocational, social and daily living skills. For information call the state office or your local school system.

Department of Mental Health

25 Staniford Street
Boston, MA

617/626-8000

http://www.mass.gov/dmh/_MainLine/MissionStatement.HTM

DMH provides services to citizens with long-term or serious mental illnesses, early and ongoing treatment for mental illness, and research into the cause of mental illness. DMH operates or oversees a comprehensive area-based network of community mental health services which include: emergency, inpatient, and case management services; skill development and employment; outpatient services, residential treatment, and family and community support services for both adults and children.

Department of Mental Retardation (DMR)

Central Office
500 Harrison Ave.
Boston, MA 02118

617/727-5608
617/624-7783 (TTY)
<http://www.dmr.state.ma.us/>

DMR is responsible to assure that services are provided to people with mental retardation in response to their individual needs, and provided in environments, which are safe and healthy. Further, the Department is committed to creating opportunities for people with mental retardation to become fully integrated participants in their communities by providing choices, promoting individual development, encouraging family involvement, and emphasizing participation by citizens with mental retardation and their families.

DMR maintains Regional Offices and local Case Management Teams (CMT's) throughout the state, including one for the Metro Boston Region (Charles Rive West, including Cambridge, Somerville, Watertown, Waltham, and Belmont) and one for Region III including the other cities and towns of Central Middlesex county.

DMR Region III	978/774-5000
DMR Central Middlesex CMT	781/646-5500
DMR Metro Boston	617/727-5608
DMR Charles River West CMT	617/623-5950

Department of Public Health (DPH)

Massachusetts Avenue
Boston, MA

617/534-5395
<http://www.mass.gov/dph/dphhome.htm>

Since 1969, the basic mandate for DPH has been to maintain, protect and improve the health and well being of the people of the Commonwealth. The department investigates environmental hazards that affect the quality of air and water. The education unit mounts vigorous promotional campaigns regarding issues such as seat belts, smoking, alcohol/drug education, nutrition, and fitness. The Case Management Unit provides service coordination and purchase of services for individuals from birth to eighteen with multiple impairments.

Department of Transitional Assistance

600 Washington Street
Boston, MA 02111

617/348-8500

DTA administers the state's cash assistance and medical services to the poor under one or more of the following programs: Aid to Families with Dependent Children (AFDC), Supplemental Security Income (SSI), Refugee and Immigration Services, Foodstamps, and Emergency Assistance. Additionally, the department operated programs intended to help poor people achieve self-sufficiency and lead more productive lives without depending on public assistance. The Division of Medical Assistance administers the state's Medicaid and Commonwealth programs.

Department of Social Services (DSS Central Office)

24 Farnsworth Street
Boston, MA 02210

617/748-2000

Child-at-Risk Hotline 800/792-5200

<http://www.mass.gov/dss/>

The tasks of DSS are to protect children from abuse and neglect; to offer support to families on the verge of breaking up; and to provide substitute care for children when removal from their home becomes necessary. DSS seeks to prevent the placement of children outside of the family and to encourage family reunification when separation does occur.

Disabled Persons Protection Commission

50 Ross Way
Quincy, MA 02169

617/727-6465

800/845-0062

<http://www.mass.gov/dppc/>

Abuse Reporting Hotline 800/426-9009

Established by law to protect disabled adults between the ages of 18 and 59 from abuse. Those covered include people with mental retardation, mental illness, physical disabilities or head injuries, who as result of their disability, are wholly or partially dependent on others to meet their daily living needs. Anyone who suspects that a disabled adult is a victim of abuse or neglect should call the Commission and report the situation to an investigator.

Bureau of Transitional Planning

1 Ashburton Place #1109
Boston, MA 02108

617/727-7600

Transition to adult services for students in special education programs.

Massachusetts Commission for the Blind (MCB)

48 Boylston Street
Boston, MA 02116-4718

800/392-6450

617/727-5550

<http://www.mass.gov/mcb/>

The Commission for the Blind provides social and vocational rehabilitation services as well as financial and medical assistance to nearly 23,000 people in the Commonwealth who are legally blind.

Massachusetts Commission for the Deaf and Hard of Hearing (MCD)

150 Mt. Vernon St. 5th Floor
Dorchester, MA 02125

<http://www.mass.gov/mcdhh/>

The Commission is committed to enabling people who are deaf to receive information and services provided by all appropriate agencies

Massachusetts Rehabilitation Commission (MRC)

27 Wormwood Street
Boston, MA 02210-1616

617/204-3600

800-245-6543 (TDD)

<http://www.mass.gov/mrc/>

The MRC administers major programs to address the needs of Massachusetts's residents with disabilities. Separate commissions care exclusively for the blind (MCB) and for the deaf (MCD). Individuals with any other physical, emotional, or cognitive disability, which prevents their holding a job, may be eligible for services.

Department of Early Education

Boston Office

600 Washington St. 6th Floor Suite 6100

Boston, MA 02111

617/988-6600

<http://www.eec.state.ma.us>

Malden Office

350 Main St. 4th Floor

Malden, MA 02148

781/338-6364

Massachusetts Office of Disability

1 Ashburton Place, #1305

Boston, MA 02108

617/727-7440

800/322-2020 (Voice and TDD)

<http://www.mass.gov/mod/>

Advocacy on behalf of individuals with disabilities who are experiencing difficulty in accessing services

Registry of Motor Vehicles

630 Washington Street

Boston, MA

617/351-4500

<http://www.mass.gov/rmv/>

For picture ID's, handicapped placards.

MISCELLANEOUS

Alzheimer's Association

311 Arsenal St.
Watertown, MA 02472

617/868-6718
<http://www.alzmass.org/>

Offers informational and educational materials (books & videos). Also refers clients to nursing homes and legal aid services.

Amyotrophic Lateral Sclerosis Association

27001 Agoura Road, Suite 150
Colorado Hills, CA 91301

818/880-9007
<http://www.alsa.org/>

Information and referral

The Arc/National Headquarters

P.O. Box 1047
Arlington, TX 76004

817/261-6003
817/277-0553 (TTD)
<http://www.thearc.org/>

A national organization of volunteers—parents, educators, professional in the field—who are devoted to improving the quality of life for this nation's more than six million people who are mentally retarded. Founded in 1950 by a small group of parents and friends of people with mental retardation, the Arc today has 160,000 members in more than 1,300 local and state chapters nationwide.

Autism Support Center

6 Southside Road
Danvers, MA 01923

508/777-9135

<http://www2.shore.net/~nsarc/>

The Center provides supportive services to families who have children or adult dependents with autism, pervasive developmental disorder, or related conditions. Services include information and referral; networking; respite care; community integration training; and educational and support groups. Family members, friends, service providers, and other professionals and agencies can make referrals.

Boston Guild for the Hard of Hearing

1505 Commonwealth Avenue, 4th Floor
Brighton, MA 02135

617/254-7300 (TDD)

Provides a range of preventive and rehabilitative services to adults and children of all socioeconomic, cultural and ethnic backgrounds, primarily in Eastern Massachusetts. A consumer-led organization, the Boston Guild is committed to the empowerment of hard of hearing individuals as fully participating members of society and as effective advocates for themselves.

Center for Applied Special Technology (CAST)

40 Harvard Mills Square, Suite 3
Wakefield, MA 01880-3233

781/245-2212

781/245-5212 (TTY)

<http://www.cast.org/>

CAST was founded to expand opportunities for individuals with special needs through the application of technology. CAST identifies promising new technology and develops programs, adaptations, and techniques, which will be of benefit to individuals; disseminates the results of successful programs; and consults to the community of special needs care providers.

(American) Cleft Palate Foundation

800/24-CLEFT

<http://www.cleftline.org/>

Information and referral for individuals with a cleft palate and their families

Cornelia DeLange Syndrome

302 W. Main Street, #100
Avon, CT

860-676-8166

800/223-8355

<http://www.cdlsusa.org/>

Provides services to help families of children with this rare birth defect

World Craniofacial Foundation

7777 Forest Lane, Suite C-621
PO Box 515838
Dallas, TX 75251-5838

972/566-6669

800/533-3315

www.worldcf.org

Children's Craniofacial Association

13140 Coit Rd Suite 307
Dallas, TX 75240

800/535-3643

Dedicated to supporting the needs of craniofacial patients and their families. Provides a support network to meet the medical, financial and emotional needs of individuals with craniofacial abnormalities and their families.

Massachusetts Down Syndrome Congress

PO Box 866
Melrose, MA 02176

800/664-MDSC (6372)

Open to all parents, professionals, and anyone interested in gaining a better understanding of Down syndrome. The goals of the organization are to advocate for the rights of persons with Down syndrome, to educate the public, to aid parents in finding help for their child, to encourage research, and serve as a clearinghouse of information.

(International) Dyslexia Association

Chester Building, Suite 382
8600 LaSalle Road
Baltimore, MD 21286-2044

800/ABCD-123

<http://www.interdys.org/>

Information and referral regarding learning disabilities

Epilepsy Foundation of America

4351 Garden City Drive, #500
Landover, MD 20785-2267

301/459-3700

800/EFA-1000

<http://www.epilepsyfoundation.org/>

Information and referral pertaining to seizure disorders

National Fragile X Foundation

P.O. Box 190488
San Francisco, CA 94119

925/938-9300

800/688-8765

<http://www.fragilex.org/>

Email: natlfx@fragilex.org

Directory of national genetic support groups

Disability Office

1 Ashburton Place
Boston, MA

617/727-7440

800/322-2020

Maintains an extensive database of information and referral on a wide range of subjects, including programs, service providers, facilities, activities, and many other disability concerns

Massachusetts ARC

217 South Street
Waltham, MA

781/891-6270

751/891-6271 (TTY)

<http://www.arcmass.org/>

The ARC of Massachusetts is a statewide volunteer educational advocacy organization dedicated to helping individuals with mental retardation. The purpose of the ARC of Massachusetts is to promote the general welfare of all persons with mental retardation, whether in the home, the community, or an institution. This is achieved via a local network of parents, professionals, and friends joining together to advocate for better programs and services for these individuals and their families. The ARC of Massachusetts, representing 24 local chapters throughout the Commonwealth, is a member of the ARC/US, the largest grassroots organization in the country concerned with all citizens with mental retardation.

Massachusetts Developmental Disabilities Council (MDDC)

1150 Hancock Street 3rd Floor Suite 300
Quincy, MA 02169

617/770-7676

617/770-9499 (TTY)

<http://www.mass.gov/mddc/>

Created by federal law and funded by the U.S. Congress, the MDDC is located within the Massachusetts state government to encourage close working relationships with the governor, state agencies, and the legislature. The Council's mission is to effect changes in public policy so that people with disabilities and their families can be empowered and supported to become more economically productive, socially integrated & personally independent.

New England Assistance Dog Service (NEADS)

P.O. Box 213
West Boylston, MA 01583

978/422-9064

<http://www.neads.org/>

A non-profit organization established to provide Hearing and Service dogs to people who are deaf or who use wheelchairs

International Rett Syndrome Association, Inc.

9121 Piscataway Road, #2B
Clinton, MD 20735

301/856-3334

<http://www.rettsyndrome.org/>

Provides information about Rett Syndrome for families who have a member with this condition

Society for Human Advancement through Rehabilitation Engineering

University of Massachusetts at Dartmouth
North Dartmouth, MA 02747

508/999-8482

Information, referral, and design/fabrication of adaptive equipment

Spina Bifida Association of America

4590 MacArthur Boulevard, NW, Suite 250
Washington, DC 20007-4226

800/621-3141

202/944-3285

<http://www.sbaa.org/>

Email: sbaa@sbaa.org

Provides information about Spina Bifida for families who have a member with this condition

The Association for the Severely Handicapped (TASH)

New England Contact
Institute for Community Inclusion
University Massachusetts Boston
John Butterworth
100 Morrissey Blvd
Boston, MA 02125

617/287-435729

<http://www.tash.org/>

Advocacy for persons with severe disabilities and their families. The New England Chapter covers six states and has an annual conference as well as a newsletter and local support networks.

Tourette Syndrome Association

40-42 Bell Boulevard
Bayside, NY 11361

718/224-2999

<http://www.tsa-usa.org/>

Provides information pertaining to Tourette syndrome

Turner Syndrome Society of U.S.

Southern New England Chapter
Beth Wheeler
1034 Maple Street
Mansfield, MA 02048

508/339-3022

<http://www.turner-syndrome-us.org/>

Provides information pertaining to Turner's Syndrome

United Cerebral Palsy of Boston

71 Arsenal Street
Watertown, MA 02472

617/926-5480

<http://www.ucpboston.org>

Information, referral, advocacy and direct services for individuals with Cerebral Palsy and their families

United Cerebral Palsy Associations (nationwide)

800/USA-5UCP

<http://www.ucp.org/>

Provides information about cerebral palsy and serves as a clearinghouse of information about local chapters of UCP.

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